

Adult Specialty Clinics

Ages 16 and older



Summer/Fall 2016

Cardio Tennis

This fast-paced tennis aerobics class is full of tennis drills and games set to music. It's a great workout for all ability levels. Class fees are based on the number of classes held during the six-week sessions. *No class on 9/5.

50262 M	8/1-8/29*	8-9 p.m.	\$50	KRC
50263 W	8/3-9/7	8-9 p.m.	\$60	KRC
50264 Sa	8/6-9/10	10-11 a.m.	\$60	KRC
50265 M	9/12-10/17	8-9 p.m.	\$60	KRC
50266 W	9/14-10/19	8-9 p.m.	\$60	KRC
50267 Sa	9/17-10/22	10-11 a.m.	\$60	KRC



Starter League for Adults:

This program will assist beginner level players in establishing comfort with playing recreational Tennis. Instructor arranges singles and doubles matches, and assists players with positioning, scoring and strategy. Six-week sessions. *No class on 9/5.

50283 M	8/1-8/29*	8-9:30 p.m.	\$65
50291 W	8/3-9/7	8-9:30 p.m.	\$78
50284 Sa	8/6-9/10	10 a.m.-11:30 a.m.	\$78
50285 M	9/12-10/17	8-9:30 p.m.	\$65
50292 W	9/14-10/19	8-9:30 p.m.	\$78
50286 Sa	9/17-10/22	11-12:30 p.m.	\$78

Ball Machine Drills:

Commit your strokes to muscle memory by hitting more balls than you ever imagined in these drill clinics. Six-week sessions.

50274 Tue	8/2-9/6	7-8 p.m.	\$60
50275 Thu	8/4-9/8	7-8 p.m.	\$60
50276 Tue	9/13-10/18	7-8 p.m.	\$60
50277 Thu	9/15-10/20	7-8 p.m.	\$60

Advance Registration is Required
Register online at:
www.tempe.gov/brochure